



T. F. SOUTH HIGH SCHOOL

2025-2026

SPORTS INFORMATION



<u>Fall Sports</u>	<u>Tryout Date/Start date</u>	<u>Head Coach</u>	<u>Email</u>
Boys' Cross Country	Monday, August 11 th , 2025	Fred Seibel	fseibel@tfd215.org
Girls' Cross Country	Monday, August 11 th , 2025	Elissa Dust	ebelli@tfd215.org
Football	Monday, August 11 th , 2025	Trent Jensen	tjensen@tfd215.org
Boys' Golf	Monday, August 11 th , 2025	Matt Johnson	mjohnson@tfd215.org
Boys' Soccer	Monday, August 11 th , 2025	Alejandro Lagunas	alagunas@tfd215.org
Girls' Swimming	Wednesday, August 13 th , 2025	Bryan Evancho	bevancho@tfd215.org
Girls' Tennis	Monday, August 11 th , 2025	Matt Jancich	mjancich@tfd215.org
Girls' Volleyball	Monday, August 11 th , 2025	Mark Misch	mmisch@tfd215.org
<u>Winter Sports</u>			
Boys' Basketball	Monday, November 10 th , 2025	Joe Napier	jnapier@tfd2315.org
Girls' Basketball	Monday, November 3 rd , 2025	Eric Bryce	ebryce@tfd215.org
Boys' Bowling	Monday, October 27 th , 2025	Eric Valiska	evaliska@tfd215.org
Girls' Bowling	Monday, November 17 th , 2025	Capri Howard	choward@tfd215.org
Competitive Dance	Monday, October 27 th , 2025	Vi Donald	Vpoomduang-donald@tfd215.org
Competitive Cheer	Monday, October 27 th , 2025	Shannon Sinde	ssinde@tfd215.org
Boys' Swimming	Monday, November 24 th , 2025	Bryan Evancho	bevancho@tfd215.org
Wrestling	Monday, November 10 th , 2025	Mike Tisza	mtisza@tfd2315.org
<u>Spring Sports</u>			
Badminton	Monday, March 2 nd , 2026	TBA	TBA
Baseball	Monday, March 2 nd , 2026	Amir Wright	awright@tfd215.org
Girls' Soccer	Monday, March 2 nd , 2026	Aaron Zambrano	azambrano@tfd215.org
Softball	Monday, March 2 nd , 2026	Dave Klupchak	klup35@yahoo.com
Boys' Tennis	Monday, March 2 nd , 2026	Matt Jancich	mjancich@tfd215.org
Boys' Track	Monday, March 2 nd , 2026	Steve Nelson	snelson@tfd215.org
Girls' Track	Monday, March 2 nd , 2026	Elissa Dust	ebelli@tfd215.org
Boys' Volleyball	Monday, March 9 th , 2026	Mark Misch	mmisch@tfd215.org

- **A current physical must be on file in the athletic office for students to participate or tryout in athletics.**
- **All students must register online to participate. The web address for registration is thorntonfractionalsouth.8to18.com**
- **Please contact the coach listed or call the athletic office at 708-585-2061 for further information.**