



LET'S TALK MENTAL HEALTH

HIGH SCHOOL PARENT ZOOM FORUM

Learn to better understand your child's mental health in an hour of information and open discussion just for parents/guardians.

Every Tuesday via Zoom

Starting October 18th

6pm-7pm

This Week's Topic: ANXIETY

Connect via Meeting ID: 385-062-3793

or

<https://uhsinc.zoom.us/j/3850623793>

